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| **Thousand Oaks swim team**  Athlete Coach Application | *Please fill out entire application and email back to* [*president@thousandoaksotters.com*](mailto:president@thousandoaksotters.com) *by March 3, 2024* |

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| **Applicant Information** | | | | | | | | | | | | | | | | | | |
| **Applicants must have completed their Freshmen Year of High School** | | | | | | | | | | | | | | | | | | |
| Last Name | | |  | | | | | | First |  | | | | | | M.I. | Date |  |
| Phone | | | | | E-mail Address | |  | | | | | | | | | | | |
| Home Address | |  | | | | | | | | | | | | | | | | |
| Date Available | |  | | | | | | | | | | | | | | | | |
| Will you be unavailable at any point during the swim season due to vacations or other commitments? | | | | YES NO If yes, please explain and list the dates you will be unavailable | | | | | | | | | | | | | | |
| Will you be on a competitive swim team or take part in other sports this summer? | | | | | | YES | | NO | | If yes, will there be any conflict with being an Athlete Coach (e.g. attending 1st or 2nd practices)? | | | | | | | | |
| **References (2023 athlete coaches do NOT need to fill out this section)** | | | | | | | | | | | | | | | | | | |
| *Please list at least one reference (other than a relative).* | | | | | | | | | | | | | | | | | | |
| Name |  | | | | | | | | | | | | | | | | | |
| Relationship |  | | | | | | | | | | Phone | |  | | | | | |
| Name |  | | | | | | | | | | | | | | | | | |
| Relationship |  | | | | | | | | | | Phone | | |  | | | | |
| Name |  | | | | | | | | | | | | | | | | | |
| Relationship |  | | | | | | | | | | Phone | | |  | | | | |
| **WORK EXPERIENCE (2023 Athlete Coaches do NOT need to fill out this section)** | | | | | | | | | | | | | | | | | | |
| Employer |  | | | | | | | | | | | Dates Employed | | |  | | | |
| Position |  | | | | | | | | | | | Supervisor | | |  | | | |
| Employer |  | | | | | | | | | | | Dates Employed | | |  | | | |
| Position |  | | | | | | | | | | | Supervisor | | |  | | | |
| Employer |  | | | | | | | | | | | Dates Employed | | |  | | | |
| Position |  | | | | | | | | | | | Supervisor | | |  | | | |

If you’ve **never** been an Otters Athlete Coach, please answer the following questions. (hand written or typed)

* What previous experience do you have that would be relevant to coaching?
* What qualities do you believe will make you a good athlete coach?
* Why do you want to be an athlete coach?
* How will you handle swimming and coaching at swim meets?
* What is your best advice for an 8 & under swimmer who just disqualified in his/her event?
* Explain how to swim breaststroke as if we had never seen the stroke before.

**2024 Athlete Coach Dress Code**

Swim Meets: If swimming, all Coaches will be required to wear a Thousand Oaks Otters team suit to all meets.

Practice: When wearing a swimsuit at practice, Coaches will be required wear a full coverage suit (similar to team suit coverage). No two-piece suits, white, light colored, or see-through suits are allowed.

**Code of Conduct**

All Athlete Coaches are expected to behave in a professional manner while on deck or representing the Team and adhere to the following guidelines:

* Adhere to the USA Swimming Code of Conduct
* Arrive on time for all practices and meets
* Consistently display high standards of behavior and appearance
* Treat all swimmers, parents, coaches and board members with respect and dignity
* Treat all competitors and other conference team members with respect
* Observe the authority and decisions of the officials or board members and only question those decisions in the appropriate manner
* Use appropriate language. Use of profane or abusive language or obscene gestures will not be tolerated.
* No drinking of alcohol or use of tobacco products or illegal drugs or any substances banned by USA Swimming.

By signing this application, I agree to follow the Thousand Oaks Swim Team dress code and code of conduct. Please note that the Thousand Oaks Swim Board reserves the right to add, delete, or modify the Code of Conduct and/or Dress Code at any time.

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| Signature |  | Date |  |